

A delicious choice of
**WAKE-UP,
WARM-UP,
FILL-UP,
GET-UP-AND-GO...**



Start your day
WITH A DIP

BREAKFAST



Continental Buffet

Freshly Made Pancakes American Style

Stack of thick fluffy pancakes – drizzle with runny honey and butter, top with fruit, or go North American with maple-flavour syrup

Today's Breads

White or wholemeal fresh rustic bloomer toast, fresh baguette

Pastry Selection

Croissant, pain aux raisins, pain au chocolat – all buttery and flaky

Fresh Fruit Salad

Juicy and zingy, healthy and colourful

Fruits, Nuts & Seeds

Dried fruits, naturally high in fibre

Fresh Fruit

Seasonal fruits – pick your own!

Yoghurt

Plain natural or low fat and top them with fruit compote

Cereal Selection

Granola, Muesli, Special K, Cornflakes, Crunchy Nut Cornflakes, Weetabix

Cheese & Charcuterie

Emmental, cheddar, Philadelphia, ham, salami and mortadella

Preserves & Spreads

Strawberry jam, orange marmalade, runny honey, maple-flavour syrup, Nutella, Marmite, butter and margarine

Oat Porridge

Good for heart and cholesterol health, made with semi-skimmed milk, water or soya milk, as you wish. Made to order please ask your server

£16.95 per person

Cooked Buffet

Eggs

Boiled to order (soft, medium, hard) fried, or scrambled

Sausages – Traditional Pork or Cumberland

Simply grilled

Back Bacon

Freshly grilled

Grilled British Black Pudding Slices

Button Mushrooms

Sautéed and fresh

Fresh Tomatoes

Browned under the grill

Baked Beans

High-fibre, high-protein

Hash Brown

Golden brown

Breakfast Drinks

Fruit Juice – Easy apple, freshly squeezed orange or tangy cranberry

Tea, Coffee or Hot Chocolate – Ask for our selection

☞ No Meat or Fish. Prices include VAT.

FOOD ALLERGIES & INTOLERANCES:

Before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.

